



Alzheimer's Educational Workshop

For Caregivers Assisting Dementia Patients

Presenter, David Troxel

(Author and advisor to the Reagans on Alzheimer's disease)

Saturday, June 20

Grace Lutheran Church, 200 Wabash, Ukiah

9 a.m. to noon: How to cope with challenging behaviors, enhance communication and engage in successful activities, plus the latest research on dementia

Noon to 1 p.m.: Making the most of your medical appointment

(Presented by the Cancer Resource Center—please bring a brown bag lunch)

1:30 p.m. to 4:30 p.m.: Bringing out the best in persons with dementia

David Troxel has become nationally and internationally known for his writing and teaching in the fields of Alzheimer's disease and long-term care. He has co-authored four influential books including "The Best Friend's Approach to Alzheimer's Care". In this workshop, Caregivers will learn skills which will enable them to understand and respond to Alzheimer and dementia patients with knowledge and compassion. Professional assistance and training dealing with common issues that occur as the loved one descends further into advanced stages of Alzheimer's will be explored and discussed. We will also make sure that time for interaction between the teaching staff and the caregivers is provided to maximize the benefit for the participants.

If you need to have onsite respite for your loved one while you are attending the workshop, please call 391-6188 by June 16th to reserve a space. There is no charge for this service.

This workshop is free courtesy of the Eriksen Foundation and Rotary of Ukiah

Brought to you by the Alzheimer's Resource and Education Center (AREC)